



P.O. Box 7 ♦ 14785 Thompson Ave ♦ Middlefield, OH 44062

Phone 440-632-0261 ext 5007 ☎ Fax 440-632-1735

**Jimmy Soltis – Athletic Director**

## 2023 Chagrin Valley Conference Championship Meet, Saturday October 14th, 2023 at Cardinal High School

It is exciting to announce that The 2023 CVC Cross Country Championships will be held at Cardinal High School. Located at 14785 N Thompson Ave, Middlefield, OH 44062

**Please Submit Rosters to Baumspage BEFORE Tuesday October 10th, 2023 at 3:00 PM.**

### Race Schedule

8:45 a.m.	Coaches Meeting	
9:00 a.m.	HS Boys Varsity (Chagrin/Valley/Lake)	(Maximum 9)
9:35 a.m.	HS Girls Varsity (Chagrin/Valley/Lake)	(Maximum 9)
10:10 a.m.	HS Girls & Boys Open Race	(Unlimited)

The HS coaches meeting will be immediately following the conclusion of the Open race at the Finish Line - Submit Honorable mentions at this time

10:55 a.m.	High School Awards	
10:50 a.m.	MS Boys Race	(Unlimited)
11:15 a.m.	MS Girls Race	(Unlimited)
11:45 a. m.	Middle School Awards	

### Divisions

- **High School Chagrin** - Chagrin Falls, Lutheran West, Harvey, Beachwood, Hawken, Crestwood, Wickliffe, Orange
- **High School Valley** - Berkshire, Richmond Hts, Grand Valley, Kirtland, Cuyahoga Hts, Cardinal, Trinity, Independence
- **High School Lake** - Lakeside, Madison, Perry, Geneva, West G, Conneaut, Jefferson, Edgewood
- **Middle School Chagrin**- Chagrin Falls, Lutheran West, Heritage, Beachwood, Hawken, West G, Orange
- **Middle School Valley** -Berkshire, Cardinal, Grand Valley, Kirtland, Independence, Crestwood, Wickliffe
- **Middle School Lake** - Lakeside, Madison, Perry, Geneva, Edgewood, Conneaut, Jefferson

### Practice

- Schools who have not been on the course this season can do so for Practice **MONDAY, OCTOBER 9**. Please do not go on any other days. It will be available all evening that day.

### Bus Parking

- Bus parking AND drop off will be located in the middle school parking lot. **16175 Almeda Dr. Middlefield**
- Upon entering Almeda Drive, buses will drop teams off at the baseball/softball fields. Please be mindful of the course as the course does cross the road in 2 places. Traffic directors will be at that spot to ensure the safety of athletes.

### **Team Camps**

- Please set up team camps **behind** the homeside bleachers (please do not put team camps on the sidewalks), inside the designated area. Keep away from the course which runs along the baseball/softball fence.
- As you cross the field, be mindful of the course as teams will have to cross over the path to get to the team camp area.

### **Spectator Parking**

- Spectators will park at the high school. No spectators will be permitted down Alameda Drive.
- Parking fee is \$10 per vehicle

### **Spectators**

- **ABSOLUTELY NO** spectators will be allowed inside the gated football field! Coaches and athletes will be permitted into the gated entrance on the south side of the track. Our course is very viewer friendly! Spectators are permitted everywhere else on the course! Spectators may watch the start and finish from outside the track or for the best view in the house, on the bleachers since the finish line is on the 50 yard line!!!

### **Concessions/T-Shirts**

- Concessions will be open during the meet located at the concession stand inside the stadium.
- CVC Cross Country Championship T Shirts will be available for sale.

### **HS Awards**

- Winning team in each division for boys and girls will earn conference champion.
- 1st place finisher receives CVC MVP honors in each varsity race; in each division.
- Runners finishing in spots 1-8 in each division in the varsity races earn first team all-conference
- Runners finishing in spots 9-16 in the varsity races will earn second team all conference.
- Each school will also have up to 2 honorable mention spots.
- Please submit honorable mentions at the coaches meeting.
- 1st -16th place medals

### **MS Awards**

- Winning team in each division for boys and girls will earn conference champion trophy
- 1st -16th place medals

### **Results**

- Timing will be done by GCXC. Results will be posted near the concession stands. Results will be posted to baumspage as soon as possible. The bibs will have the timing chip.

**Any questions or concerns please email Jennifer Fekete at [jennifer.fekete@cardinalschoools.org](mailto:jennifer.fekete@cardinalschoools.org) or call Jimmy Soltis at 440-632-0261 ext 5007**